

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## 144: Filer Information

Filer CIK 0001691005  
Filer CCC XXXXXXXXX  
Is this a LIVE or TEST Filing?  LIVE  TEST

### Submission Contact Information

Name  
Phone  
E-Mail Address

## 144: Issuer Information

Name of Issuer Dyne Therapeutics, Inc.  
SEC File Number 001-39509  
Address of Issuer 1560 Trapelo Road  
Waltham  
MASSACHUSETTS  
02451  
Phone (781)-786-8230  
Name of Person for Whose Account the Securities are To Be Sold Susanna High

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Chief Operating Officer

## 144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common Stock	Stifel Financial Corporation 3 Bryant Park, 4th Floor 1095 Avenue of the Americas New York NY 10036	9939	73513	61375598	11/02/2023	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

## 144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
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Class	Acquired	Acquisition Transaction	Person from Whom Acquired	this a Gift?	Donor Acquired	Securities Acquired	Payment	Payment *
Common Stock	09/10/2023	Restricted stock units granted pursuant to Issuer's 2020 Stock Incentive Plan, subject to vesting requirements	Issuer	<input type="checkbox"/>		3635	09/10/2023	N/A
Common Stock	09/17/2023	Restricted stock units granted pursuant to Issuer's 2020 Stock Incentive Plan, subject to vesting requirements	Issuer	<input type="checkbox"/>		6304	09/17/2023	N/A

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Susanna High 1560 Trapelo Road Waltham MA 02451	Common Stock	09/12/2023	1635	17020
Susanna High 1560 Trapelo Road Waltham MA 02451	Common Stock	09/18/2023	2672	25144

## 144: Remarks and Signature

Remarks The sales reported in this Form 144 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on July 10, 2023. Securities sold during the past three months represent shares automatically sold by the Reporting Person to satisfy tax withholding obligations in connection with the vesting of restricted stock units granted to the Reporting Person on September 17, 2020, December 10, 2021 and December 9, 2022.

Date of Notice 11/02/2023

Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1 07/10/2023

### ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Richard Scalzo, Attorney-in-Fact

